



# Country paper and action plan presentation of Nepal

July 15  
Japan

Presented by  
Sharada Basyal

# Beautiful *Himalayan Country NEPAL*

Mt Everest 8848 m

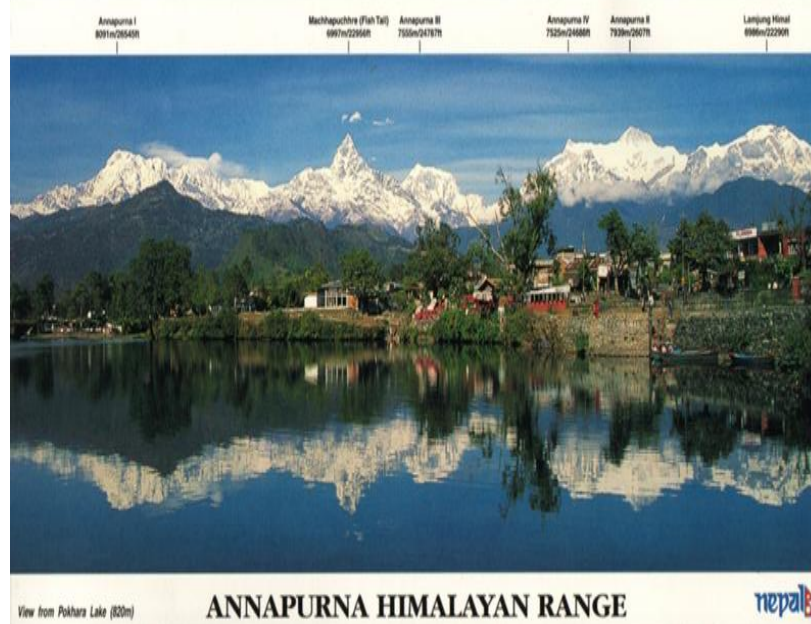


Mt Makalu 8463m



Namaste

# Lumbini (Birth Place of Lord Buddha)



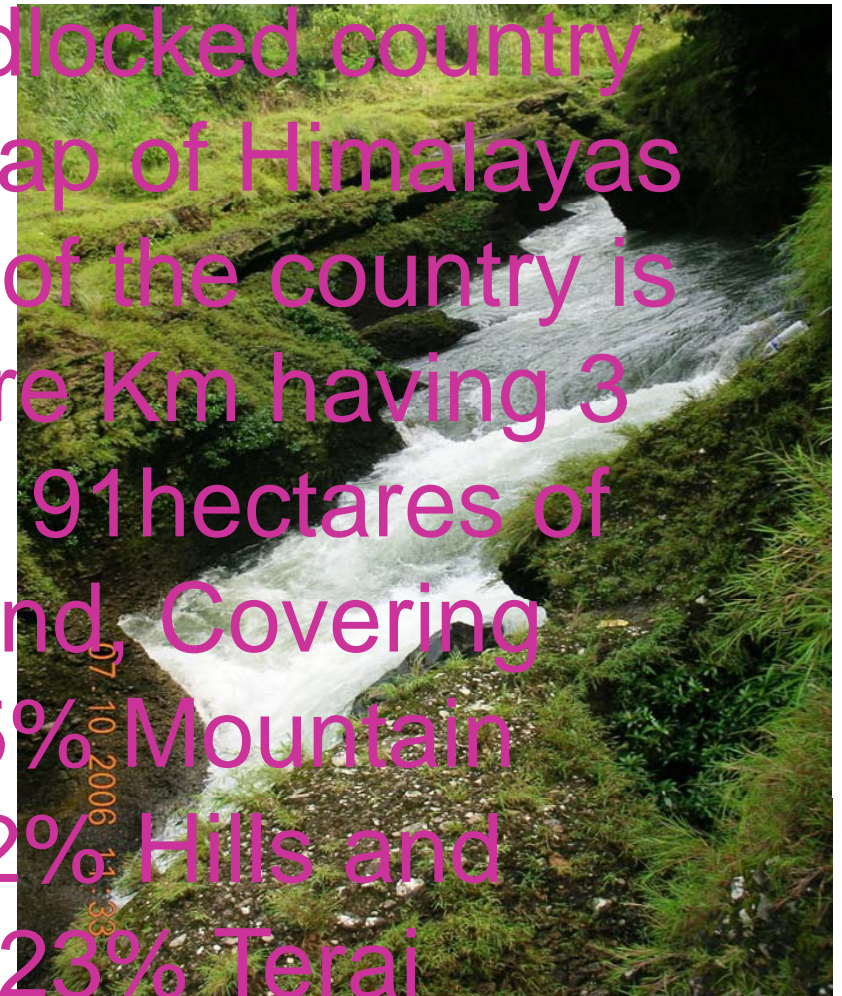
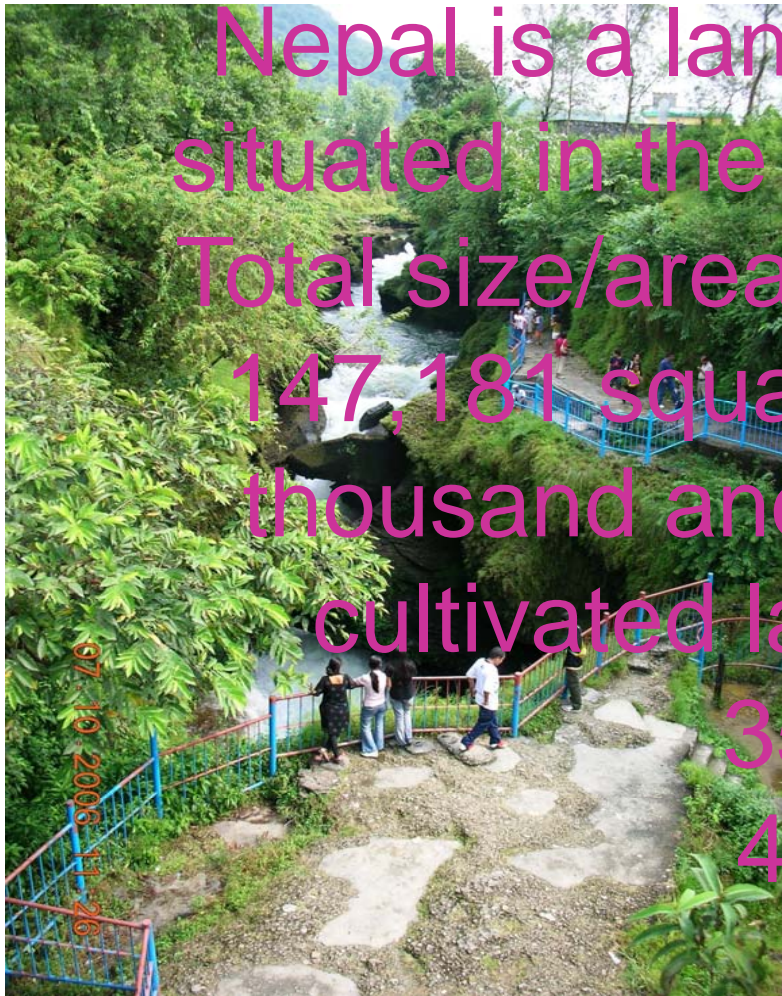
View from Pokhara Lake (820m)

ANNAPURNA HIMALAYAN RANGE



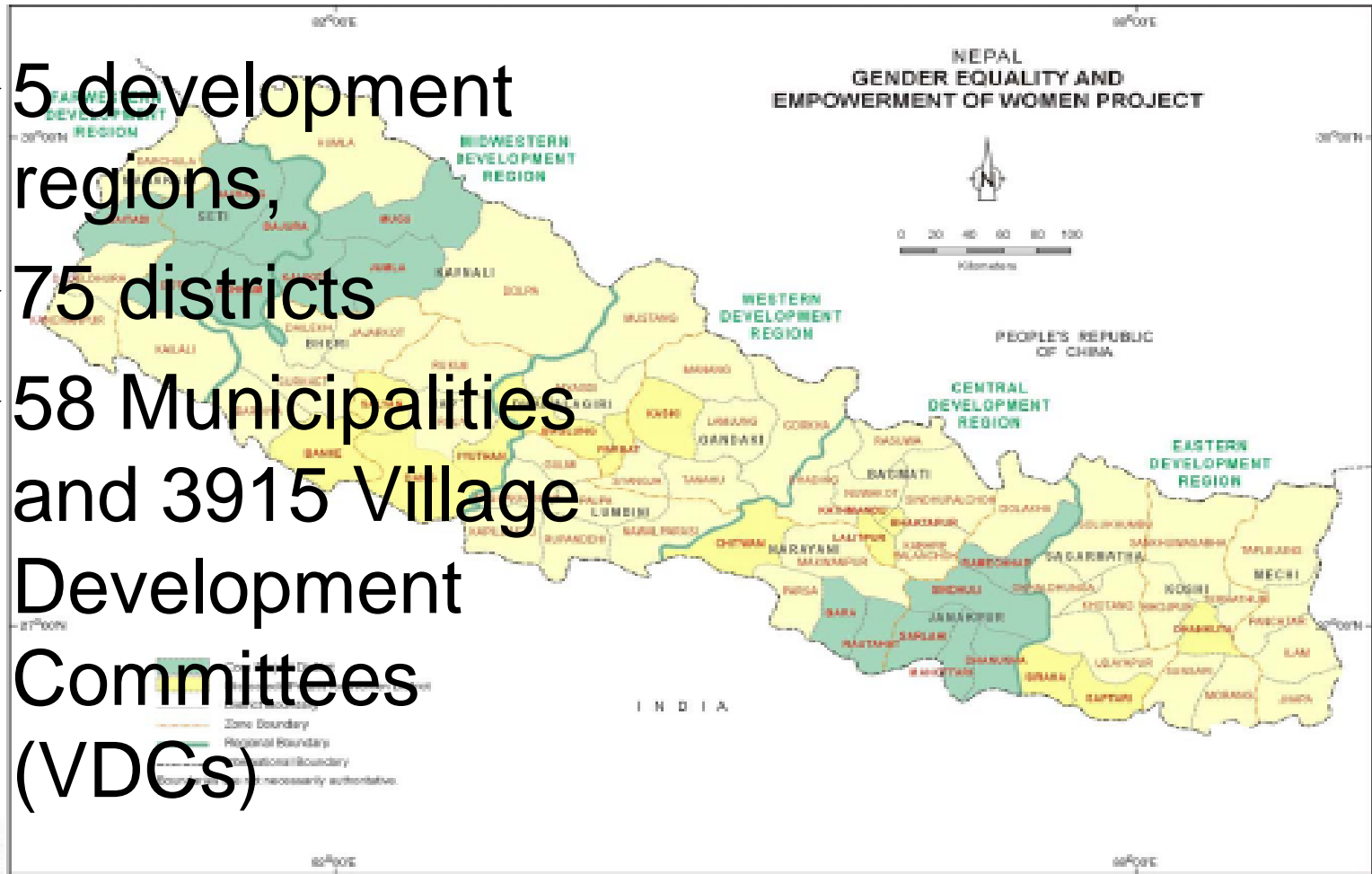
# My Country

Nepal is a landlocked country situated in the lap of Himalayas. Total size/area of the country is 147,181 square Km having 3 thousand and 91 hectares of cultivated land. Covering 35% Mountain, 42% Hills and 23% Terai.



Administratively the country is divided into...

- 5 development regions,
- 75 districts
- 58 Municipalities and 3915 Village Development Committees (VDCs)



# Population

- 26 million (51% women) population
- Urban population 13.9%
- Ave. annual growth 2.25%
- Total fertility rate 3.1% (Before 25 years total birth rate was 6.3% Now this has decreased because of education and awareness)

## Population distribution by Ecological region

- Mountain 7%
- Hill 44%
- Terai 49%

# Literacy & Livelihood

Total literacy rate	54%
• Male	65%
• Female	43%
• Total rate of admission in primary school 87.4 Girls -48% , Indigenous group -38%, Dalit-18%, Disable is only one percent .	
Population engaged in agriculture (>10 yrs of age)	
• Male	60%
• Female	73%
Av. Size of land holding	0.5 Ha
Av. HH size	5.4 no

# Gender Based

- Life expectancy rate of female 63 yrs
- Life expectancy rate of male 61 yrs
- Gender Development Index 0.452
- Gender Empowerment Index 0.391
- Labor participation of female 48.9 (Most of the women are involved in informal, subsistence-oriented ,domestic, unpaid work.)
- Labor participation of male 67.6
- Female in Administrative service 12.7
- Female in constituent assembly 33.34 ( Now a proposal to 33% representation of women in all state mechanism has been passed)

# Situation analysis

- The Interim Constitution 2007 of Nepal has visualized several provisions emphasizing on inclusive, democratic and progressive restructuring of the state to bring an end to the discrimination based on class, caste, language, gender, culture, religion and region.
- Part 3, Article 13, 14 and 21 of the Interim Constitution, ensures rights to equality, rights against the caste discriminations and rights of social justice.

# Chhaupadi is the effect of superstitions

Action Plan Presentation

Ministry Of Women , Children and Social  
Welfare

Department Of Women development

Women Development Officer

Kathmandu Nepal



# 1. Basic Information on Chhaupadi

- Chhaupadi is one of the superstitions prevailing mainly in the western part of Nepal. Achham is one of the heavily affected districts of the Chhaupadi system.
- Girls/women are not allowed to enter inside the house up to four days while having menstruation and after delivery.
- During this period they mostly sleep in a hut outside their common house or in a *cowshed*.
- Touching plants and water taps is not allowed .

## ***2.Overall goal***

- To eliminate the Chaupadi system from the society and reinforce the human rights of all women and ensuring their empowerment in the community.

# ***3.Objectives***

Within the framework of the overall goal of the project, the following objectives will be achieved:

- a) To shift them in the house from the cowshed at the time of menstruation /delivery period.
- b) To eliminate the discriminative behavior and various violence against women during menstruation and delivery.
- c) To raise awareness about hygienic food, personal and reproductive health and sanitation.
- d) To increase the number of girls at school during menstruation period

## ***4. Major Activities***

1. Identification of working partners, CBOs, Communities and human resources.
2. Reproductive health camps and exhibition. Distribution of reproductive health material to the needy groups.



3.. Awareness raising of the Priests, teachers, Dhami and Jhankri, political leaders, social workers, elder men/women of the targeted population



4. Training of gender, reproductive health and adolescence education for target groups



5. Production and dissemination of IEC materials (publicity, radio program, street drama, posters, drama etc. in local language.)

- 6. Institutional capacity build-up of the local communities



*Discussion with watch group members of Oligaun*

- 7. Management of observation tours and follow-up visits - Local and central level.



Discussion in district monitoring

# ***5. Target Group***

- Adolescence girls and women who are suffering from various forms of violence and discriminative behavior due to chhaupadi system in the area of project implementation



# 6. Project Budget & Duration

- Total budget for the year 2008 is Rs. 50 millions. Norms of expenditure will be as per the Implementation Guidelines, 2007.
- This project will be for a duration of three years (2008-2010).
- In this Project, the major funding Agency would be “save the Children Norbey ” and Government of Nepal .

# 7. Major Issues



## (A) Situation related issues

- Due to small space or only one room in house, people are not able to keep chhau inside if they want.

Chhau goth



## **(B) Program related issues**

- Low participation in several awareness programs due to nominal allowance for participants.
- Lack of IEC Materials in training, workshop and interaction program .
- Lack of Budget .

# 8. Measures to tackle the obstacles

- Strengthening the capacity of community based organizations.
- Capacity building of the local Leadership through advocacy .



# 9. Expected Outcomes

- Awareness level of community will increase.
- Target people will be aware about the negative effects of *chhaupadi* system
- Girl's attendance in school will continue during menstruation.
- Lead to empowerment of rural women .
- Health condition of women will improve.
- Functional network and coordination among stakeholders will be strengthened.
- Child marriage will decrease.

# मलाई मेरो परिवारप्रति गौरव किनभने ...

My family members love me

In my family we take decisions together

I am a member of women federation I have received trainings

My family help me on my IG activities.

My daughter and Son are studying in the same school

My family is equitable and Very happy.



# Incidence of violence against women will be reduced

छाउ हुनु दैवको लीला, होइन फल पापको  
गोठ जानु निको छ क्या, भई हुंदो साँपको?



नेपाल सरकार

महिला, बालबालिका तथा समाजकल्याण मन्त्रालय

महिला विकास विभाग

छाउपडी उन्मुलन आयोजना

गण्डकी प्रदेश



२००८ ७ ६

सेम द चिल्ड्रेन

Thank you for your attention



A group of children are gathered in a dark interior, looking out from a wooden doorway. In the foreground, a young girl with dark hair and a purple sweater has her hands pressed together in a traditional Indian greeting (Namaste). To her right, another girl in a light blue shirt is smiling broadly, looking upwards. Behind them, several other children are visible, some with their hands on the wooden frame of the doorway. The scene is warmly lit, highlighting the children's faces and the texture of the wood.

Namaste Aarigatto Gozaimas

National Flower of Nepal  
Rhododendron  
( Laligurans)

Presented by

Sharada Basyal ( Belbase)

Women Development Officer

Ministry of women, children and social  
welfare

Department of Women Development

Kaktmandu

Nepal

